

Lesson Title: Apply This at Work

Reflection & Application Exercise

Answer the following questions honestly:

1. Where does miscommunication happen most often in your work?
2. Think of a recent message you sent. What could have been clearer?
3. What is one communication habit you will apply this week?
4. How will you confirm your message was understood?

Action Commitment:

Write one sentence describing what you will do differently after this course.